



TEXAS OIL & GAS ASSOCIATION SAFETY TALKS

an initiative of the **TXOGA** Workers' Compensation Safety Group

First Aid Basics and Emergency Response

What this Safety Talk Covers:

The "Dos" and "Don'ts" of responding in the event of an injury or emergency.

Discussion Notes:

Discuss the outcomes of the "Dos" and "Don'ts."

- Do**
 - ✓ Call for help immediately when someone is seriously injured, and alert the site supervisor without delay.
 - ✓ Use the supplies in the site first aid kit and know where it is kept at all times.
 - ✓ Apply pressure to control bleeding until trained medical personnel arrive.
 - ✓ Check the area for hazards before assisting, such as gas leaks, active equipment, or traffic around the scene.
 - ✓ Stay calm and give clear information when contacting emergency services or directing others.
 - ✓ Review the site's emergency response plan regularly so you are prepared before an incident happens.
- Don't**
 - ✗ Move an injured person unless they are in immediate danger, such as from fire or exposure to toxic gas.
 - ✗ Ignore minor injuries; even small cuts or burns can become serious if not treated promptly.
 - ✗ Give food, drink, or medication to someone who is injured unless instructed by medical personnel.
 - ✗ Assume someone else has called for help; confirm emergency services are on the way.
 - ✗ Leave an injured coworker alone unless you must get help and no other option is available.
 - ✗ Use unapproved treatments or guess at medical care; stick to first aid basics and wait for trained responders.





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Employee Quiz First Aid Basics and Emergency Response

Employee Name: _____

Circle the correct answer below

- | | |
|--|--|
| <ol style="list-style-type: none">1. What is the first step when someone is seriously injured in the oilfield?<ol style="list-style-type: none">a. Move them to a safe area immediatelyb. Call for help and alert the site supervisorc. Try to treat them on your ownd. Give them water and keep them awake2. Why should you check the scene before providing first aid?<ol style="list-style-type: none">a. To see if there are supplies nearbyb. To make sure hazards like gas leaks or active equipment won't put you at riskc. To look for witnessesd. To make sure the injured person is conscious3. What should you avoid giving to an injured coworker unless directed by medical personnel?<ol style="list-style-type: none">a. First aid suppliesb. Bandagesc. Comforting wordsd. Food, drink, or medication | <ol style="list-style-type: none">4. Which of the following is an important basic response for controlling bleeding?<ol style="list-style-type: none">a. Apply pressure until medical personnel arriveb. Elevate the injured person's legsc. Wait for the supervisor to arrive before helpingd. Give the injured person aspirin5. Minor injuries should be treated promptly to prevent them becoming more serious.<ol style="list-style-type: none">a. Trueb. False |
|--|--|

Training record: Date: _____ Jobsite/Facility: _____
Trainer: _____ Title: _____

TXOGA Safety Talks are provided for the benefit of Texas Oil & Gas Association members participating in the TXOGA Workers' Comp. Safety Group with Texas Mutual Insurance Company.